

禱告良辰

Sweet Hour of Prayer

禱告良辰，禱告良辰

Sweet Hour of prayer, sweet hour of prayer

使我離開世事操心

That calls me from a world of care

引我到父施恩座前

And bids me at my Father's throne

將我心願向父說明

Make all my wants and wishes known



每逢痛苦憂愁之時

In seasons of distress and grief

我靈在主前得安息

My soul has often found relief

試探網羅得以脫離

And oft escaped the tempter's snare

我惟靠此禱告良辰

By thy return, sweet hour of prayer



禱告良辰，禱告良辰

Sweet Hour of prayer, sweet hour of prayer

如有雙翼向主飛升

Thy wings shall my petition bear

將我請求向主稟陳

To Him whose truth and faithfulness

主應我求主愛永恆

Engage the waiting soul to bless



主既願我常見主面

And since He bids me seek His face

信靠祂的真理恩言

Believe His Word, and trust His grace

我便卸去一切重擔

I'll cast on Him my every care

安靜等候禱告良辰

And wait for thee, sweet hour of prayer

